

What is facilitation?



Facilitation involves one or more people helping a group to identify the goals it wants to achieve, and strengthen their capacity to achieve these goals. Facilitation is about enabling people to work together in ways that focus on people's strengths within the group and help them get where the group wants to go. Facilitation encourages inclusion, shared understanding, full participation and shared responsibility.¹

***“To facilitate is to make easy or more convenient.
A facilitator assists a group to make its work easier”¹***

¹ Understanding Facilitation (Ref: IAP2 Facilitation manual, 2002 Twyford Consulting)