

## Thriving in the 21st Century

**2-3 August 2017**

**Distinction Hotel (formerly known as the Kingsgate Hotel), Hamilton**

Thriving in the 21st Century is a conference for the social service organisations we serve within the Waikato region, and those who are involved with this sector.

The Waikato region rarely has sector specific conferences and following the very positive feedback from the sector about our previous conference "Rising to the Challenge" held in 2015 Community Waikato is excited to bring you our second sector conference, "Thriving in the 21st Century".

Our sector is operating in a challenging environment, both socially and financially. We need to work smarter and more efficiently to achieve positive outcomes for those we serve while remaining viable and true to our values. The increasing pressure on the community sector to achieve more with less requires us to challenge the way we have done things in the past.

This conference will bring people together; provide the opportunity to network; connect with people and ideas; share good practice; inspire leadership, learning and achievements;

and take time to celebrate the outcomes they've achieved. It will provide inspiration, information, entertainment and resources.

Key note speakers this year include: Graeme Dingle, Erinna Lane, Dr Hirini Kaa, and Lindsay Cumberpatch. The Dragons Den, and Learning Marketplace remain highlights of the conference. New to the programme this year is a 'back benches' session, where Wallace Chapman will interview members of NZ political parties.

The aim of this conference is to reignite our passions and motivate us to think and act differently. We need to acknowledge what we are doing well and challenge our preconceived ideas to think outside the square to ensure we thrive moving forward in the 21st century.

**Register online at**

**[www.communitywaikato.org.nz](http://www.communitywaikato.org.nz)**





## CE Update

As a board member of Community Network Aotearoa (CNA) I have the opportunity to spend time in Wellington and receive updates about sector issues occurring nationally. Groups such as CNA and the collective CommVoices have been raising the issues associated with individual client level data collection (ICLD) on behalf of the sector at a government level. They have had some success, and coupled with the privacy commission finding some issues with the proposed data collection, the government is proposing to hold off on ICLD collection requirements until they are able to review how to best proceed. I will be sure to send out an update when we hear more.

We are getting excited about the Conference and so far it is shaping up to be an excellent event. The applications for Dragons Den and the Beca sponsorship prize are demonstrating how much creativity and potential there is in the community sector and how much talent we have right around our region. Our speakers are all confirmed and registrations have come in quickly this time. I would like to extend our thanks to those funders who have sponsored positions for our organisations who would otherwise not be able to attend.

Finally for this update, Community Waikato has been informed by our landlord that our tenancy will come to an end in April 2018, so we are now on the lookout for a new venue. What this will end up looking like will depend on what venue we are able to find and how many partners are keen to co-locate with us. We are very keen to establish a community hub where we can provide shared services to reduce overhead, resource and administrative costs. We are excited about this opportunity and would encourage any groups who are keen to explore this initiative to contact us to register your interest.



## Thriving in the 21st Century Highlights

### Dragons Den at the conference

We had a large number of expressions of interests from community organisations and groups who wish to compete in the Dragons Den. Thank you to everyone who submitted an expression of interest. You haven't made our job easy of choosing who will go on to compete in the Dragon's Den at our upcoming conference, for a chance to win a share of \$20,000. Keep an eye out over the upcoming weeks for a media release announcing the Dragons Den finalists.

### Win \$3200 worth of advisory service from Beca Hamilton



Are you planning a construction project that requires assistance from engineering, planning, or advisory professionals? Community Waikato are proud to partner with professional services firm Beca to bring you this exciting opportunity to win advisory service for your project from the Beca Hamilton team. The winner will be announced at the Community Waikato conference, 'Thriving in the 21st Century'.

### Back Benches

Take part in our very own back benches discussion, with a political interview hosted by Wallace Chapman, and a number of NZ politicians. Find out how the different political parties view the role of the community and social service sector in service provision, and also how they view the future of the relationship between the government and the sector.



### Learning Marketplace

Have you ever noticed that some of the most profound and energising learning you take from a conference comes from the connections and conversations you have during the breaks? We will be creating space during the conference for you, the participants, to actively contribute to setting the agenda. During learning marketplace you will be able to share topics and questions you are passionate about. You may want to share some knowledge or experience; pose a question; or invite others to talk with you about an issue you are grappling with. So come along with your topic, issue or question.

Register online at [www.communitywaikato.org.nz](http://www.communitywaikato.org.nz)

Visit the Community Waikato website for information on key note speakers, workshops, programme, sponsors and more. [www.communitywaikato.org.nz](http://www.communitywaikato.org.nz)

## Thank you to our Conference sponsors and funders



# Key Note Speakers at 'Thriving in the 21st Century'

Key note speakers for this year's 'Thriving in the 21st Century' conference include:

## Graeme Dingle

Graeme Dingle has been called 'father of outdoor pursuits in New Zealand.' Graeme Dingle ONZM MBE is a New Zealand outdoor adventurer and mountaineer. He is also known for his writing and humanitarianism. Graeme will talk about how being an ambitious international mountaineer led to him founding OPC, now Hillary Outdoors and what this taught him about child and youth development.



Graeme also spent time in the corporate world, which led to him founding the Woolrest Foundation which developed a number of projects including: the Turangi Enterprise Agency, Business in the Community, and An Alternative to Prison for Teens. Following this, Jo-anne Wilkinson and Graeme established Project K which in turn led to the Graeme Dingle Foundation and an ambitious vision for New Zealand.

## Dr Hirini Kaa

Dr Hirini Kaa is of Ngāti Porou, Ngāti Kahungunu and Rongowhakaata descent. Hirini has worked in a range of areas including in the social services sector, for the Anglican Church and for his iwi, and currently lectures in History and Theology at the University of Auckland.

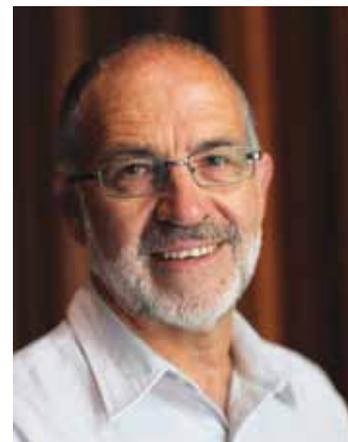


Historically "Thriving" for Māori has been challenging in Aotearoa New Zealand. The challenges of colonisation have meant that our potential has been limited, and this has had a negative impact on all communities across this country.

We need to think differently about wellbeing for Māori, incorporating Māori values into the way we measure and address these challenges in our communities and in society. And this isn't just a challenge for Māori. In an increasingly globalised context with rapidly changing demographic profile, Aotearoa New Zealand needs to consider changing the way it measures and solves its challenges and fulfils its potential. Fortunately for us our unique context offers us some insights and solutions that with the right vision and attitude we can all share and partake in, becoming a blend of the best of a global context with the deep roots of indigenous values. We can build communities of hope that can, indeed, thrive into the 21st Century.

## Lindsay Cumberpatch

Lindsay has spent all his working life in community. Now in his 37th year, he is on his 5th ministry career. Initially a Methodist parish minister in Hamilton and Invercargill; he was then Ecumenical Chaplain to the University of Waikato; then initially Director and later Chief Executive of Workplace Support Waikato, the Church's employee assistance programme (EAP) service in the region; then Director of Methodist City Action/Hamilton Methodist Social Services; and now for the past 6 years inaugural Chief Executive of the DV Bryant Trust, a long-established Waikato philanthropic trust.



Lindsay's topic at conference is centred on our sector having to compete for diminishing resources in an often times unfriendly political environment, yet community organisations are still expected to deliver quality social services. It's only when we truly collaborate with each other and wider citizen movements that we'll help create the just and inclusive Aotearoa New Zealand that we all hope for. It's all very well wanting more ambulances, but the future lies in building more fences at the tops of the cliffs.

## Erinna Lane

In the 14 years that Chris and Erinna have known each other, between them, they have completed a Business Management Degree; a Film & Media Degree; been married for the last 12 years; had 4 children within 4 years; and without any start-up capital launched their film business, Big Kid Films. During this time, Chris and Erinna have also been short term foster carers and have been actively involved with many children in their own community. All of this has led them towards their current film project, Stop the Bus. Erinna Lane, with husband Chris and their 4 children will be traveling New Zealand in a bus for one year to create a documentary that will implore New Zealanders to face our problem of child abuse.



They believe our culture of abuse can change but understand that social change is difficult and requires a multifaceted approach. This journey will showcase 'ordinary' New Zealanders doing what they can to inspire and empower more New Zealanders to practice tika, pono, aroha and manaakitanga for our children.

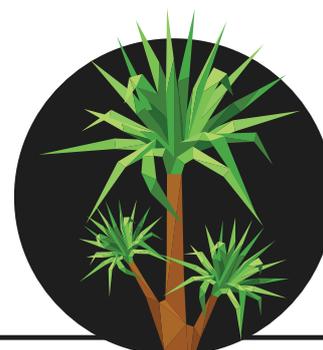
## Conference Programme - Thriving in the 21st Century'

DAY 1  
 Wednesday 2 August 2017

8.00 am - 9:00 am	<b>Registration</b>	
9:00 am - 9:50 am	<b>Whakatau Kapa haka</b>	Kaumaatua Knighton Normal School - Te Hihiri
9:50 am	<b>Community Waikato Introduction</b>	Holly Snape
9:55 am	<b>MC Introduction &amp; Housekeeping</b>	John Prendergast
10:00 am - 10:40 am	<b>Keynote speaker It's hard to soar like eagles when you're surrounded by turkeys ... but it can be done</b> <small>Despite having to compete for diminishing resources in an often times unfriendly political environment, community organisations are still expected to deliver quality social services. It's only when we truly collaborate with each other and wider citizen movements that we'll help create the just and inclusive Aotearoa New Zealand that we all hope for. It's all very well wanting more ambulances, but the future lies in building more fences at the tops of the cliffs.</small>	Lindsay Cumberpatch
10:45 am - 11:10 am	<b>Morning tea</b>	
11:15 am - 11:55 am	<b>Workshops (choose 1 to attend)</b>	
	<b>Workshop 1: Starting anywhere leads everywhere</b>	Lisa Clausen Janelle Fisher Interactionz
	<b>Workshop 2: Board engagement</b>	David Ireland Karen Covell Progress to Health
	<b>Workshop 3: Sustainable Consumption</b>	Camilla Carty-Melis Anna Casey-Cox Waikato Environment Centre
	<b>Workshop 4: Revitalising rural communities through social innovation</b>	Lotta Bryant Mariana Van der Walt Wintec
12:00 pm - 12:40 pm	<b>Keynote Speaker Building communities of hope that can thrive into the 21st Century</b> <small>Historically "Thriving" for Māori has been challenging in Aotearoa New Zealand. The challenges of colonisation have meant that our potential has been limited, and this has had a negative impact on all communities across this country. We need to think differently about well-being for Māori, incorporating Māori values into the way we measure and address these challenges in our communities and in society.</small>	Dr Hirini Kaa
12:45 pm - 1:30 pm	<b>Lunch</b>	
1:30 pm - 2:10 pm	<b>Workshops (choose 1 to attend)</b>	
	<b>Workshop 1: How competition and collaboration in the business sector can translate to the community sector</b>	Jenni Scanlon Strategies Direct
	<b>Workshop 2: Leading out front, from behind, alongside communities</b>	Margy Jean Malcolm Inspiring Communities
	<b>Workshop 3: Rural Internet - Communities, Schools and Iwi Leading the Charge!</b>	Ivan Lomax WiFi Connect
	<b>Workshop 4: How does a Community group engage with local government</b>	Amanda Hema The Stakeholder Agent
2:15 pm - 3:00 pm	<b>World Cafe</b>	Karen Stockmann Sandy Thompson
3:00 pm - 3:15 pm	<b>Afternoon tea</b>	
3:15 pm - 4:55 pm	<b>Dragon's Den</b> <small>Community organisations compete in the Dragons Den, for a chance to win a share of \$20,000</small>	Panel of Judges
4:55 pm - 5:00 pm	<b>Summing up of first day</b>	John Prendergast Sandy Thompson
5:45 pm - 6:30 pm	<b>Cocktails</b>	
6:30 pm	<b>Dinner and Entertainment</b>	

8:45 am	<b>Reflections</b>	John Prendergast Sandy Thompson
9:00 am - 9:10 am	<b>Progress to Health</b>	Introduce Graeme Dingle
9:10 am - 9:50 am	<b>Keynote speaker</b> <b>An ambitious vision for New Zealand</b> Graeme Dingle will talk to us about his time as an ambitious international mountaineer, and how this led to him founding OPC (now Hillary Outdoors), and what this taught him about child and youth development. Graeme founded The Woolrest Foundation which developed a number of community projects including 'Business in the Community', and 'An Alternative to Prison for Teens'. All this activity led to Joanne Wilkinson and Graeme establishing Project K, which in turn led to the Graeme Dingle Foundation	Graeme Dingle
9:50 am - 10:10 am	<b>Set up Learning Marketplace</b> Have you ever noticed that some of the most profound and energising learning you take from a conference comes from the connections and conversations you have during the breaks? We will be creating space for you to actively contribute to setting the agenda. During learning marketplace you will be able to share topics and questions you are passionate about. You may want to share some knowledge or experience; pose a question; or invite others to talk with you about an issue you are grappling with. So come along with your topic, issue or question	Karen Stockmann Sandy Thompson
10:10 am - 10:25 am	<b>Morning Tea</b>	
10:25 am - 11:40 am	<b>Learning Marketplace</b>	Karen Stockmann
11:40 am - 12:40 pm	<b>Back Benches</b> A political discussion hosted by Wallace Chapman about how the different political parties view the role of the community and social service sector in service provision, and also how the different parties view the future of the relationship between the government and the sector	Wallace Chapman and Members of NZ political parties
12:40 pm - 1:25 pm	<b>Lunch</b>	
1:30 pm - 2:10 pm	<b>Key Note Speaker</b> <b>Stop the Bus</b> Chris and Erinna Lane of Big Kid Films and their 4 children will be traveling New Zealand in a bus for one year to create a documentary that will implore New Zealanders to face our problem of child abuse	Erinna Lane Stop the Bus
2:10 pm - 2:30 pm	<b>Presentation of Corporate Prize</b>	Beca
2:35 pm - 3:20 pm	<b>Workshops (choose 1 to attend)</b>	
	<b>Workshop 1:</b> Making the square disappear	Megan Thorn Exult
	<b>Workshop 2:</b> Leadership from the Inside-Out	Sandy Thompson LEAD
	<b>Workshop 3:</b> Who Gives a Shift?	Chris Atkinson Lorraine Hooper Volunteering Waikato
	<b>Workshop 4:</b> Connecting and Engaging in the Online World	Jarra Borman Zeald
3:20 pm - 3:35 pm	<b>Afternoon tea</b>	
3:40 pm - 4:00 pm	<b>Presentation of Dragons Den prizes</b>	Len Reynolds Trust
4:00 pm - 4:15 pm	<b>Summary of Conference and Participant Feedback</b>	John Prendergast
4:15 pm - 4:30 pm	<b>Poroporoaki</b>	

Please note: Conference Programme is subject to change



## Waikato Rural Transport Forum - Supporting Mobility & Freedom in Waikato



*"Community transport is increasingly important for our diverse and changing Waikato communities"*

**Bridget Burdett, Senior Transportation Researcher, TDG**

Instigated in 2011, the Waikato Rural Transport forum is the only place where regional community transport service providers meet together with organisations who include community transport in their mandates (i.e. Waikato Regional Council, Territorial Authorities, NZ Transport Agency, Waikato District Health Board, Community Waikato).

These organisations see great value in participating in the friendly forum as a way to stay informed about community transport needs, and to consult with service providers.

Community Transport Providers across the Waikato offer transport to those in need, where no other suitable public transport option exists. This could include transport for health, education or social reasons. Our region has a growing elderly population, therefore there is increasing pressure on health and transport services. The Community Transport Providers, predominantly voluntary groups, are a lifeline for our rural population, ensuring that people are able to continue living in rural areas, and still access the services they require.

Four times a year Community Waikato hosts and facilitates the rural transport forum in Hamilton.

### The forum has the following functions:

- target consultation group with its varied stakeholders
- capacity building for community transport groups
- sharing information and best practice, including from guest speakers
- networking where community transport groups can go to request resources or resolve logistics issues
- advocacy as a community transport voice role
- establishing a collaborative view on rural transport, to take to funders
- introduce resources/information that will provide reporting back to decision-makers

The next forum meeting will be on **Monday June 27 at 1.00 – 3.00pm.**

It is open to anyone with an interest in community transport.

Our guest speaker will be Paul Dunphy from Akina Foundation who will talk to us about community transport as a social enterprise.

Sheryl Batt from the North Waikato Transport Group (NWTG) will give a presentation on their service and how it has grown in the last year to better meet the needs of their clients. This has included the purchase of a second vehicle, a car to service the local appointments in and around Huntly.

When asked how the forum supports NWTG Sheryl replied "Just to hear what other groups are doing and to be able to discuss issues with like-minded people. We all give our time to remove isolation barriers and enable people to be social. Here we share stories and learn from each other's experiences."

For more information about the forum, contact Sarah Gibb, Community Advisor on [sarah@communitywaikato.org.nz](mailto:sarah@communitywaikato.org.nz) or check out the website [www.waikatocommunitytransport.org.nz](http://www.waikatocommunitytransport.org.nz)

Feedback received by the North Waikato Transport Trust...

*"Thank you volunteers for the wonderful Waka Tautoko/Huntly Community Health Shuttle service that you provide. This has been a GREAT relief for us caregivers and my elderly parents in knowing that this service is available. My mother is 85 and cannot drive and my father is 85 in a wheelchair. The shuttle allows us to take both parents to places, the Waikato Hospital and doctors' appointments and to their local doctor - Dr Gates. My parents also had the opportunity to be taken to rugby to watch their grandson's. One played and the other is the head coach for Onewhero team. Best result we won 34 to 19. Once again BIGGEST THANK YOU all you volunteer drivers/companions for giving up your free time to provide a professional and friendly approach to my rural living parents when working your van. Grateful daughter"*

**G.S Cathcart, 23-3-17**



*"I cannot praise your service high enough as I have found a need to visit the Radiology department on a regular basis"*

**Merv, Ngaruawahia**

# Ka Pai Kai offer healthy food choices

It takes a whole community to raise a child. This is the belief that drives the work of the team at Ka Pai Kai, a community-led social enterprise in South Waikato and one of the three winners of a Vital Waikato Grant, from Momentum Waikato in April this year.



Ka Pai Kai's vision is for the Waikato community to work together to build a sustainable food system so that enjoying great food also means happy and healthy people. In the South Waikato, food insecurity is a reality. As a consequence, many children attend school without breakfast, lunch or even dinner the night before. Ka Pai Kai addresses this by delivering low-cost, nutritious lunches to several schools in Tokoroa, while using a sustainable social enterprise model to do so. Ka Pai Kai inspires families, schools and local organisations to connect and come together to create win-win solutions to support and feed tamariki.

Zaynel Sushil, Waikato DHB, and Project Manager at Ka Pai Kai says that in NZ there is growing concern that some areas have an over-abundance of energy dense, nutrient poor, ready to eat foods, a phenomenon which is linked to food insecurity and obesity.

"Growing inequity and poverty could push people living in these areas through a 'nutrition transition' shifting food preferences from traditional diets characterised by low salt, saturated fat and glycaemic indexes to less healthy, complex western diets that lead to obesity and associated NCDs. Consequently, this not only has an impact on the burden of disease but also has an impact on the inter-generational food/health literacy of whānau" say's Zaynel.

Ka Pai Kai started as a school lunch initiative between Amiesfield Primary School the local hospital cafeteria as a pilot. It didn't take long before the lunch initiative caught the attention of neighbouring schools. That's when the WDHB, Population Health co-developed a model that could sustain this initiative to help reduce the cost of meals. Almost 2 years on, Ka Pai Kai delivers low-cost (\$1-\$5) nutritious lunches to 10 schools including 3 early childhood centres in Tokoroa. Ka Pai Kai hopes to make healthy lunches available to all schools within the South Waikato District. This project was started by a few people and now there's a whole community behind it.

Ka Pai Kai are aiming to create noticeable change in community nutrition, and they acknowledge that a lunch programme, along, can't do it. Food provision is only one part of the solution and that's why they went for an integrated approach.

In year 1 they will be working towards improving the accessibility and affordability, and also establishing their youth training café. Ka Pai Kai believes food education is the key to creating an intergenerational impact. There is an opportunity for more community advocacy and grassroots change. Food policy councils can bring people together to make recommendations, programmes and strategies that support positive change in the local, regional and national food system. Food is entwined with culture and people, and in time they hope to see healthy indigenous and cultural food practices flourish. The best way to achieve this is to work with their diverse communities.



The Momentum Waikato Vital Waikato Grant will support Ka Pai Kai to develop their social enterprise, increasing the number of lunches delivered to children across the greater South Waikato district to 100% of all schools. The income from the social enterprise will be reinvested back into other social impact initiatives such as youth training, food recycling, and indigenous and pacific food networks.

## June-August 2017 Training Calendar with Community Waikato

Wednesday 14 June 2017 @ Community Waikato 9.30am to 12.30 pm \$60	Preparing your Organisational Budget and Reading and Understanding your Financials	Presented by Anne Douglas from Community Waikato Preparing and Understanding a Budget and Understanding your Financial Documents are essential parts of good governance and management. Come to this workshop and find out what you need to know
Thursday 15 June 2017 @ Community Waikato 9.30am to 11.30 pm	Free Funding Workshop	Are you a Community group looking for funding? Come to a friendly FREE "hands on" workshop presented by local community funders
Wednesday 21 June 2017 @ Community Waikato 9.30 am to 12.30 pm \$60	Dealing with Challenging Situations	Presented by Karen Stockmann and Aroha Waetford from Community Waikato this workshop will provide a range of strategies to pre-empt or deal with challenging situations in the workplace.
Wednesday 28 June 2017 @ Community Waikato 10am to 1 pm \$15	Careers NZ: Train the trainers: supporting people into employment part one	How to support clients to identify what they want and where and how to look for employment. This includes understanding what employability is, what skills are and how to present them, identifying interests and potential learning areas and developing CV's to fit
Wednesday 12 July 2017 @ Community Waikato 9.30 to 11.30 Free	XERO workshop presented by BDO Waikato	Xero is an online accounting system that provides financial confidence and clarity for small to medium sized business owners and not for profit organisations. The key features of Xero are: Automatic bank account imports, GST at the click of a button, Invoicing, Expense claims, fixed assets, Stock support, Standard business reporting and Management reporting. Xero also enables you and your accountant to have access to up-to-date financial information simultaneously, enabling this relationship to work as efficiently as possible.
Wednesday 26 July 2017 @ Community Waikato 10am to 1pm \$15	Careers NZ: Train the trainers: supporting people into employment part two	How to support clients to identify where the jobs are and effectively target the local labour market.
30 August 2017 @ Community Waikato 9.30 am to 12.30 pm \$60	Building your Brand	A Brand is important to any organisation. Presented by Kim Cable from MarketHub, through this workshop you will learn how to build and manage your brand

Visit [www.communitywaikato.org.nz](http://www.communitywaikato.org.nz) to register for training

### Lunchbox Time

Come join us for lunchbox conversations!

Lunchbox Time is a new initiative we're offering to support people working in the community sector. It's an opportunity to share ideas, ask nagging questions, hear & share stories amongst your peers, and to gain tips & tools about topics important to the growth and development of you & your organisation!

Lunchbox Time will be on the last Tuesday every month, 12pm-1.30pm @ Community Waikato, 33 Victoria Street, Hamilton.

We'll cover a range of topics and information available that interests you, over the year. We're keen to cover current & important topics for you, so please contact [sally@communitywaikato.org.nz](mailto:sally@communitywaikato.org.nz) if you'd like to discuss any specific matters.

SO, come along, bring your lunch, and conversation & the tea & coffee will be brewing when you arrive!

Upcoming Lunchtime dates: Tues 27 June, Tues 29 August, Tues 26 Sept, Tues 31 Oct, Tues 28 Nov, Tues 19 Dec 2017



**COMMUNITY  
WAIKATO**

"Thriving Communities"

Hapori Mauriora

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