

## Calling all Superheroes

Kim Cable



One in three New Zealanders are affected by cancer. Relay For Life is an inspiring community event that gives everyone a chance to celebrate cancer survivors and carers; remember loved ones lost to cancer; and fight back by raising awareness and funds to support the work of the Cancer Society.

After a year's hiatus, Relay for Life is back in the Waikato. As one of Cancer Society's largest fundraisers, this event is a crucial way for the Cancer Society to raise funds that will enable them to keep providing their free support locally. Relay For Life involves teams of people who walk or run around a track in a relay style. Each team needs to have at least one participant on the track throughout the event.

All funds raised will help make a difference to those affected by cancer by providing practical and emotional support, funding vital cancer research and helping all New Zealanders to reduce their risk of cancer.

The Waikato/Bay of Plenty Cancer Society provides free support services for people with cancer, their carers and whānau, funds vital cancer research, and provides the public with information on reducing the risk of cancer through living a smoke-free, sun smart, healthy lifestyle.

Cancer Society Fundraising Manager Catriona Findlay says that the Cancer Society relies on the generosity of New Zealanders to fund these services.

“Donations and fundraising events like Relay For Life ensure our liaison nurses are in the community every day supporting people from the time they are diagnosed with cancer.”

“From providing emotional support advocacy and helping them navigate the medical system to connecting them with Cancer Society practical support services including transport to treatment, therapeutic massage, accommodation and frozen meals; the work that we do in the community can make all the difference for someone during a challenging time” says Catriona.

Relay for Life is not only an enjoyable day out for people in the community, but those who participate will be making a real difference for people with cancer. Catriona says that the event will have a carnival-like atmosphere with 12 hours of non-stop entertainment.

“With plenty of music and live entertainment, this is a great opportunity for friends, families and co-workers to enjoy a fun day out while making a difference for people with cancer in the community.”

Relay for Life is suitable for all ages and fitness levels, and there is no minimum team size.

**Registrations** for Relay For Life 2018 are now open at [www.relayforlife.org.nz](http://www.relayforlife.org.nz)

**Date:** Saturday 10 March 2018

**Venue:** Cambridge Raceway, Taylor St, Cambridge